

# Let's Talk

## THE COMMUNICATION HIGHWAY

### **TALK2ME® PSYCHOLOGY CONSULTING & COUPLE COMMUNICATIONS COACHING**

1- Change is difficult but possible. It is possible by teaming up and talking honestly with a caring, neutral, fair, and outside consultant.

2- As a psychologist with over 40+ years' experience, I have clinically researched and use an approach called TALK2ME®. It is based on Instigator-Empathizer talk technology that creates positive and effective two-way communication. It also improves moods.

3- TALK2ME® couple coaching is a relationship problem-solving approach. You will receive customized tools to solve long-standing relationship problems and challenging communication obstacles as they play out at home, in your family relationships, and even at work. [www.marriagecounselingdayton.com](http://www.marriagecounselingdayton.com)

4- All parties agree and acknowledge that all session content is to be respected as strictly confidential. Private information will not be authorized to be used in a court of law by divorce attorneys. Because I don't take medical insurance, I appreciate being paid with cash or check at time of service.

5- Daily reading and suggested homework will speed up the changes you seek to realize. I recommend practice homework/readings which will include my book *Communicate Like A PRO: Tools That Forever Change The Way You Listen, Lead +Love* that you can order through Amazon. It is co-written with my daughter and is a handbook of powerful communication solutions for individuals, couples, and businesses. <https://tinyurl.com/communicateLIKEAPRO>

6- Feedback, including timely critical feedback, is welcome. I want to immediately know about any difficulty that you are experiencing. For emergencies, I can be reached 24/7 on my private mobile number (937) 671-5430 that has been provided to you.

Agreement read, understood, and agreed to on this date by:

Print Name: \_\_\_\_\_

Sign Name: \_\_\_\_\_

Private Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Date: \_\_\_\_\_